

Become a **LINK** in the Chain of Survival

LINK 1 Call 9-1-1

Recognize the signs of a heart attack, cardiac arrest, stroke or choking victim so you can call 9-1-1 first.

Learn the signs and symptoms

LINK 3 Use an Automated External Defibrillator (AED)

An AED (automated external defibrillator) delivers an electrical shock to restore the heart's normal rhythm in cardiac arrest victims.

Learn to use an AED

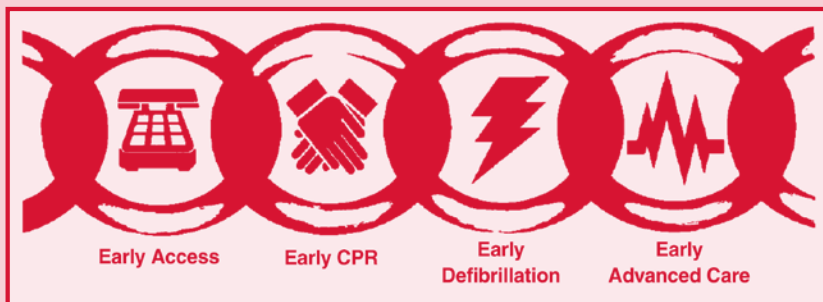
LINK 2 Perform CPR

Cardiopulmonary Resuscitation keeps oxygen rich blood flowing to the brain and heart.

Learn CPR

LINK 4 Early Advanced Care

An advanced life support ambulance with licensed paramedics should arrive within the time set by local Emergency Medical Services Responders.



To register for CPR, AED and other lifesaving courses, call the American Heart Association at 1-800-AHA-USA1 for your nearest location, or visit our Web site
<http://www.americanheart.org>

American Heart Association®



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